## Pregnancy



## **Pregnant?**

We're here to help. We have care coordinators who can support you during your pregnancy. We'll help you:

- Find prenatal care
- Enroll in the Oregon Health Plan (Medicaid) and/or WIC, which provides nutrition and breastfeeding support
- Access medical and dental care
- Schedule rides so you can get to your medical appointments
- Connect with counseling
- Find out about local childbirth classes
- Connect with other community resources



## Who can sign up?

Anyone seeking prenatal and postnatal care. We want to help Central Oregon moms and their babies stay healthy.

## For appointments or information:

To learn more about free services you can get while you are pregnant and after your child is born, visit www.deschutes.org/ prenatalscreen or call (541) 322-7448.

You can also scan the code below and you'll go right to our website.



After you fill out our online form, an employee from Deschutes County Health Services will contact you to let you know what services you would be eligible for.



Central Oregon Perinatal Care (541) 322-7448 www.deschutes.org/prenatalscreen

To request this information in an alternate format, please call (541) 322-7448 or send an email to accessibility@deschutes.org.