



mommy and me:
breast feeding
support group

TOPICS INCLUDE:

- Drop-in breastfeeding support group with certified lactation consultants
- Check your baby's weight and milk intake
- We encourage mothers to discuss issues related to breastfeeding, parenting and life with new babies
- Moms, babies and families are invited to come anytime during the two-hour time frame



BEND: THURSDAYS 1-3 P.M.

ST. CHARLES FAMILY CARE CONFERENCE ROOM
2600 NE NEFF RD.
(Use main entrance, double glass doors)

541-706-4924

What to bring:

- Your own breastfeeding pillow
- Diaper bag
- A hungry baby if seeking assistance with latch
- Consider baby-wearing and leave your carseat in the car

For questions or more information call 541-706-4924.



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